**CONCUSSION**

**INFORMATION AND SIGNATURE FORM FOR COACHES**

Public Chapter 148, effective January 1, 2014, requires that school and community organizations sponsoring youth athletic activities establish guidelines to inform and educate coaches, youth athletes and other adults involved in youth athletics about the nature, risk and symptoms of concussion and head injury.

**(Adapted from CDC “Heads Up Concussion in Youth Sports”)**

**Sign and return this page.**

\_\_\_\_ I have read the *Concussion Information and Signature Form for Coaches*

Initial

\_\_\_\_ I should not allow any student-athlete exhibiting signs and symptoms consistent with concussion to

Initial return to play or practice on the same day.

**After reading the Information Sheet, I am aware of the following information:**

\_\_\_\_\_ A concussion is a brain injury.

Initial

\_\_\_\_\_ I realize I cannot see a concussion, but I might notice some of the signs in a student-athlete right

Initial away. Other signs/symptoms can show up hours or days after the injury.

\_\_\_\_\_ If I suspect a student-athlete has a concussion, I am responsible for removing him/her from activity

Initial and referring him/her to a medical professional trained in concussion management.

\_\_\_\_\_ Student-athletes need written clearance from a health care provider\* to return to play or practice

Initial after a concussion. \* (Tennessee licensed medical doctor, osteopathic physician or a

clinical neuropsychologist with concussion training)

\_\_\_\_\_ I will not allow any student-athlete to return to play or practice if I suspect that he/she has received

Initial a blow to the head or body that resulted in signs or symptoms consistent with concussion.

\_\_\_\_\_ Following concussion the brain needs time to heal. I understand that student-athletes are much

Initial more likely to sustain another concussion or more serious brain injury if they return to play or

 practice before symptoms resolve.

\_\_\_\_\_ In rare cases, repeat concussion can cause serious and long-lasting problems.

Initial

\_\_\_\_\_ I have read the signs/symptoms listed on the *Concussion Information and Signature Form for*

Initial *Coaches.*

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Signature of Coach Date

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